

# THRIVE

TIPS AND IDEAS FOR THE **PHYSICAL, LANGUAGE, COGNITIVE**  
AND **SOCIO-EMOTIONAL DEVELOPMENT** OF YOUR CHILD



Uncooked white rice can keep for 30 years or more, if stored properly.

*learn*



**18** | Dedicated art spaces just for kids at The Esplanade

*grow*



**21** | Bake a healthier Lunar New Year treat

*play*



**22** | Get organised for new school term