



TRANSITIONING YOUR CHILD TO PRESCHOOL



Congratulations! You have successfully enrolled your child in a preschool of your choice. Let our early childhood (EC) educators share tips on how to prepare your child for preschool.

What can I do leading up to the first day of preschool?

- Introduce your child to routines. Establish a routine similar to the preschool.
- Start on some basic self-help skills such as self-feeding and putting away their toys after play.
- Reassure your child through conversation and stories about going to school.
- Use positive terms when talking about preschool with your child.
- Visit the preschool with your child before the start-date.



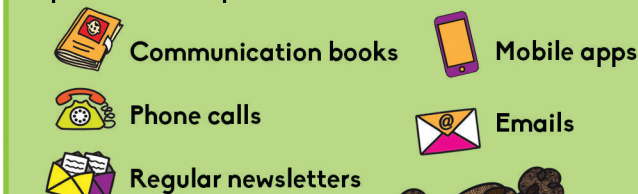
What can I do on the Big Day itself?

- Spend more time with your child to ease his/her transition. Try to stay with your child in the preschool for at least a couple of hours.
- Try to pick up your child early during the first few weeks to ease his/her anxieties.
- Establish a goodbye routine with your child. Always ensure that you say goodbye to your child and assure him/her that you will see him/her later. Refrain from sneaking off while your child is engaged in activities.
- Try not to peep at your child from the windows.
- Communicate with the EC educators. Do not be afraid to ask them questions.
- Let the preschool know about your child's unique routines, rituals or habits.



Will the preschool provide me with any support?

- Some centres conduct orientation programmes to help parents to understand their policies and procedures.
- Some centres encourage parents to stay with their child in preschool for the first three days.
- Centres will also create communication channels with parents. Examples include:



How can I prepare myself for my child's first day?

- Keep calm! This also helps to calm your child.
- Be prepared to experience separation anxiety.
- Always be assured that your child will be well taken care of by the EC educators.
- Have patience and allow your child time to bond with his EC educators and adapt to their new environment
- Start building a relationship with your child's EC educators.



Special thanks to the following early childhood educators:

Debbie Ong, Principal, MY World @Tenteram Peak

Lynne Zheng, Principal, MY World @ Boon Keng

Pok Qiao Xin, Principal, Little Footprints @ Punggol Beach

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Visit Grow@Beanstalk portal for more tips from our EC educators!

