

# WE'VE GOT MAIL!


Parents share their strategies for developing positive behaviours in their children.



 Our daughter Angelyn used to struggle to follow instructions and focus on a task. When her preschool teachers shared with us Angelyn's interest in art, we signed her up for art classes. At home, we drew outlines of the pictures she chose for her to colour. It has helped develop her attention skills, and she is now more focused and less distracted, not just in art class but during other lessons too. She made us so proud when she won an art competition.




**AUGUSTINE YONG**, father of a girl, aged 4

 To develop positive behaviours in children, parents should have a positive and supportive attitude themselves. The choice of words used is important. For instance, my son Xavier likes to draw. I avoid critiquing his artwork. Instead of focusing on the finished piece, I praise his efforts and hard work. If he gets frustrated, I encourage him to keep trying and not give up. This will help him develop resilience, perseverance and a growth mindset. I also use positive reinforcement if Xavier displays positive behaviours. For example, I praise him for his generosity and kindness if he gives his drawing to a sibling or friend.



**AMARYLLIS CHEN**, mother of a boy, aged 3

 To cultivate polite and respectful behaviours in our son Iskandar, my wife and I always remind ourselves that we are role models for him and approach situations with care and patience. We try to refrain from raising our voices around him and set good examples of kind and empathetic behaviour in our daily lives, such as greeting the estate cleaner every morning. We are big believers that children are reflections of their environment, so by surrounding Iskandar with love and kindness, these values will shape his behaviours, which will become a part of his life.



**AMIN SUWARI**, father of a boy, aged 5

## SUPPORTING CHILDREN'S HOLISTIC DEVELOPMENT

Parents, tell us how you ensure your child is developing as an all-rounded person — be it in terms of physical, social, emotional, cognitive, moral, creative or aesthetic aspects. Share your tips and practices that have worked for you to support their development in these areas. Attach a photo with your anecdote and your submission may appear in the next issue of *Beanstalk!*

Submit your story by 26 May 2023 at [go.gov.sg/beanstalk-mailbag](https://go.gov.sg/beanstalk-mailbag) or scan this QR code.



## WHEN DUTY CALLS

We showed you how to make stick puppets of our nation's uniformed forces in the Jan-Mar 2023 issue. Here are some of your DIY puppets!



**TAN YING FEI**, 3



**GREY ANDREW SHAW, KIM JOO AHN and LEYTON SINGH**, 5



**AVIDAN SENTHILNATH**, 5



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