

FIVE WAYS TO APPRECIATE HOME, TRULY

AS SINGAPORE TURNS 56 THIS AUGUST, MARK THE OCCASION TOGETHER AS A FAMILY.



1 REVISIT OUR HISTORY THROUGH ART

Children's book author and illustrator Quek Hong Shin depicts a more nostalgic time in his drawings displayed at the Singapore Chinese Cultural Centre (singaporeccc.org.sg) until 31 August 2021. *Through the Eyes of a Child* captures *kampong* life, vignettes of old Chinatown residents going about their daily business, and places like Toa Payoh in the early days. Parents and grandparents can share their own childhood memories as they walk through the exhibition, and reflect on how Singapore has evolved over the decades.



2 WHIP UP A UNIQUELY SINGAPORE DISH

One of the tasks in the *MasterChef Singapore* cooking competition called for participants to create 'New Singaporean' dishes that showcase local produce and flavours. Challenge yourself and junior to do the same. This is a good opportunity to discuss your favourite local dishes and explore our melting pot of cultures. Then bring your child to the supermarket to shop for the ingredients and test out your newly-created recipe. You can also try out the recipe on page 21!

3 CREATE A TIME CAPSULE

Time capsules are a great way to record a time in history and help children understand the link between past and future. Ask each family member what comes to mind when they think about Singapore. Collect items that hold special meaning for each one, and put them into a box. These could be your wishes for the nation, drawings or photos taken at a favourite attraction, or newspaper cuttings, for example. Seal the capsule, and plan to open it next National Day or at some later point in the future.



4 HOST YOUR OWN GAME SHOW

Take a cue from the Channel 5 game show *We Are Singaporeans* which covers topics ranging from history to culture to trivia. Come up with your own Singapore-themed quiz using apps such as *Kahoot!* or *Quizizz*. You can play together as a family at home or engage in some friendly competition with relatives and friends via video on these game-based platforms. It is a fun way for children to learn about this place we call home. Get aunts, uncles or cousins to play the role of the celebrities to ask the questions and provide the clues.



5 EXPLORE OUR ICONIC GREEN SPACES

Check out the guided walks on the National Parks Board website or use the information to plan your own ramble at one of our many parks. One of the latest is the newly-upgraded National Orchid Garden, where more than 1,000 orchid species and hybrids are on display, some of which are named after famous Singaporeans. Children get to experience nature up close and find out more about Singapore's journey as a garden city.

Do adhere to **Safe Management Measures** when you are outdoors or visiting places.