

# SEASON FOR CHANGE



In this issue, we discuss how transitions can affect children's holistic development, as well as how educators and parents can provide supportive relationships and environments to help young children manage changes well.

As children go through transitions, it can be a new experience for parents and educators too. How we cope with changes and transitions will affect our children. I encourage educators and parents to work closely together to help our children learn how to manage changes positively. In this issue, we also talk about KidSTART, which is a programme that will be expanded and aims to help lower-income families prepare for the journey with their child even before they are born.

As George Bernard Shaw said, "Progress is impossible without change..." Children will go through many transitions in the course of their lives, beyond preschool. Let us work together to help our children build up the skills to manage change and develop a growth mindset.

As the new school year begins, I wish all children, parents and educators a great start to the new year.

**MS JAMIE ANG**  
Chief Executive Officer  
Early Childhood Development Agency (ECDA)

**H**appy New Year, everyone! January often marks a period of transition for many.

As we usher in the New Year, our young ones will experience many new firsts. Starting preschool, moving onto the next level, taking their first steps, having their first fall, saying their first words, having a new sibling, making their first friends, having their first argument... the list goes on.

*Beanstalk* kicks off 2020 with a focus on transitions and changes. Transitions are big changes and can be challenging for young children. Children with different personality traits, temperaments and experiences will respond to transitions differently. Research shows that positive transitions strengthen children's emotional wellbeing, build their confidence and resilience, and facilitate school readiness and academic progress.



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**2019 APEX AWARDS FOR PUBLICATION EXCELLENCE**  
*Beanstalk* clinched the APEX 2019 Award of Excellence in the One of a Kind Publication (Education & Training) Category!



**EDITORIAL PANEL**  
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### ON THE COVER

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**FRONT COVER** On Diya: Dress and hairband Château de Sable, Cardigan & backpack Gingersnaps. **On Jit Choon:** Sweater Esprit. **On Kang Yue:** Rainbow polo tee Château de Sable, Shortalls, OshKosh B'gosh. **On Justin:** School uniform **Stylist's own**, Backpack Kidstyle. **BACK COVER** On Jenica: Blouse and belted pants Esprit, Heels Marks & Spencer. **On Titus:** Striped top Château de Sable, Suspender shorts Kidstyle, Suede sneakers Puma, Socks **Stylist's own**. **On Mazli:** Outfit Marks & Spencer. **On Ayra:** Blouse Château de Sable, Pinafore dress, sling bag and ribbon hairband Gingersnaps, Sandals Seed Heritage.