



FY23 Communities of Practice (CoP) by PASTELs

Social & Emotional Development

COP OVERVIEW & FAQs

Table of Contents

Overview of Early Childhood Learning Communities (ECLC) and Communities of Practice (CoPs) by PASTELs	3
CoP Details	4
CoP SED-1: Supporting Educators to Improve the Social-Emotional Well-Being of 0-3 yrs.....	4
CoP SED-2: Supporting Educators to Build Self-Regulation Skills in Preschoolers (0-6 Yrs)	5
CoP SED-3: Understanding and Supporting Emotional Development Through Mindfulness Practices (4-6 Yrs) .	6
CoP SED-4: Building Children’s Social and Emotional Competencies through Routine Caregiving.....	7
Frequently Asked Questions (FAQs)	8

Overview of Early Childhood Learning Communities (ECLC) and Communities of Practice (CoPs) by PASTELs

The **ECLC** is a platform for senior/lead educators known as **Pedagogists And Specialists in TEaching and Learning (PASTELs)** with passion for direct teaching practice to advance their pedagogical knowledge and practices in the following key domain areas through peer sharing and learning at sector level.



The **ECLC CoPs** led and facilitated by PASTELs aim to engage other educators from the sector in peer sharing on pedagogical knowledge and best practices focused on a specific topic of interest from a key domain area.

Click [here](#) or [scan the QR code below](#) to find out more about the Early Childhood Learning Communities (ECLC) and who our PASTELs are.



CoP Details

CoP SED-1: Supporting Educators to Improve the Social-Emotional Well-Being of 0-3 yrs	Class Code: CPAECLCSEISEW23E-2301															
Led by PASTELs:																
Noreisah Bte Aziz Curriculum / Pedagogy Specialist PCF Sparkletots	Sharifah Nooraishah Binte Sayed Zaaba Lead Preschool Educator MOE Kindergarten	Shariffah Nadiah Binte Syed Ahmad Al Mushayah Senior Preschool Educator PCF Sparkletots														
Overview: There is an established relationship between educators’ mental well-being and their ability to support children’s social and emotional development. It is therefore crucial that educators ensure their own emotional well-being to better support children’s social-emotional well-being. The well-being of educators has been associated with improved educator efficacy, better understanding of classroom dynamics, improved teacher-child relationships and a positive educational climate.																
Learning Objectives: Participants will be able to: <ul style="list-style-type: none"> ● list strategies that they co-constructed with other educators in the CoP to provide unhurried, joyful and intentional interactions to develop the children’s sense of agency (to be in control of their actions) and to enjoy the programme in the centre. ● utilise peer learning and collaboration methods to support other educators in facilitating, developing, supporting, or raising the emotional well-being of the children. ● learn good self-care practices that they have found useful as an educator. 																
Date & Time: <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <thead> <tr> <th style="padding: 5px;">Date</th> <th style="padding: 5px;">Time</th> <th style="padding: 5px;">Delivery Mode</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">10 May 2023</td> <td style="padding: 5px;">1 – 3pm</td> <td style="padding: 5px;">Virtual</td> </tr> <tr> <td style="padding: 5px;">5 July 2023</td> <td style="padding: 5px;">1 – 3pm</td> <td style="padding: 5px;">Virtual</td> </tr> <tr> <td style="padding: 5px;">6 Sep 2023</td> <td style="padding: 5px;">1 – 3pm</td> <td style="padding: 5px;">Virtual</td> </tr> <tr> <td style="padding: 5px;">2 Nov 2023</td> <td style="padding: 5px;">1 – 3pm</td> <td style="padding: 5px;">Virtual</td> </tr> </tbody> </table>		Date	Time	Delivery Mode	10 May 2023	1 – 3pm	Virtual	5 July 2023	1 – 3pm	Virtual	6 Sep 2023	1 – 3pm	Virtual	2 Nov 2023	1 – 3pm	Virtual
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10 May 2023	1 – 3pm	Virtual														
5 July 2023	1 – 3pm	Virtual														
6 Sep 2023	1 – 3pm	Virtual														
2 Nov 2023	1 – 3pm	Virtual														
No. of CPD Hours: 8 hours Class Size: Max 10 participants																
Target Groups (Occupational Title): Beginning Infant Educator, Infant Educator, Senior Infant Educator Beginning Early Years Educator, Early Years Educator, Senior Early Years Educator Beginning Preschool Educator, Preschool Educator, Senior Preschool Educator																
Registration Schedule: Registration closes on 26 April 2023!																

CoP SED-2: Supporting Educators to Build Self-Regulation Skills in Preschoolers (0-6 Yrs)**Class Code: CPAECLCSEBSRSE23E-2301****Led by PASTELs:**

Nurliza Mohd Shah
Centre Leader
Enfant Educare Pte Ltd

Zurhidah Binte Matsidah
Senior Infant Educator
E-Bridge Pre-School

Overview:

Children should develop foundational skills for self-regulation in their early years as it plays a crucial role in their development, behaviour, and achievements in their later years. However, the development of self-regulation skills such as emotional regulation is often observed to be lacking in young children. Educators play a vital role in helping children develop these skills.

Educators should have a deep understanding of the importance of self-regulation in children and their development, unpack their role in promoting self-regulation skills in children, and understand how to implement and adapt strategies to do so.

Learning Objectives:

Participants will be able to:

- unpack and understand what self-regulation looks like in young children.
- increase awareness of the importance of self-regulation in both educators and young children.
- understand the role of educators, families, parents, and caregivers in supporting the child's self-regulation development.
- be equipped with strategies to support and promote self-regulation development in young children.
- share these practices with their colleagues and families.

Date & Time:

Date	Time	Delivery Mode
16 May 2023	2.30 – 4.30pm	Virtual
4 Jul 2023	2.30 – 4.30pm	Physical
19 Sep 2023	2.30 – 4.30pm	Virtual
7 Nov 2023	2.30 – 4.30pm	Virtual

No. of CPD Hours: 8 hours

Class Size: Max 10 participants

Target Groups (Occupational Title):

Beginning Infant Educator, Infant Educator, Senior Infant Educator
Beginning Early Years Educator, Early Years Educator, Senior Early Years Educator
Beginning Preschool Educator, Preschool Educator, Senior Preschool Educator

Registration Schedule:

Registration closes on 2 May 2023!

CoP SED-3: Understanding and Supporting Emotional Development Through Mindfulness Practices (4-6 Yrs)

Class Code: CPAECLCUSEDMP23E-2301

Led by PASTELs:

Lim Hong Li Sharon
Curriculum / Pedagogy Specialist
Between Two Trees Preschool

Ng Hui Ying
Senior Preschool Educator
Busy Bees

Overview:

There is an increasing awareness and interest among educators on how we can support children's social and emotional development through new strategies. We can learn to understand why children behave in certain manners, explore different classroom strategies to sustain calm and respectful learning environments, and collaborate during team meetings on how to manage the emotional needs of young children.

Preschool educators can tap on mindfulness practices to support children's emotional development and foster learning dispositions and try out new strategies to cater to different profiles of children.

Learning Objectives:

Participants will be able to:

- implement at least one new mindfulness strategy in their classroom(s).
- Design/ adapt a mindfulness strategy that would meet the needs of their children.

Date & Time:

Date	Time	Delivery Mode
5 May 2023	2 – 4pm	Physical
7 Jul 2023	2 – 4pm	Physical
8 Sep 2023	2 – 4pm	Physical
17 Nov 2023	2 – 4pm	Physical

No. of CPD Hours: 8 hours

Class Size: Max 10 participants

Target Groups (Occupational Title):

Beginning Infant Educator, Infant Educator, Senior Infant Educator

Beginning Early Years Educator, Early Years Educator, Senior Early Years Educator

Beginning Preschool Educator, Preschool Educator, Senior Preschool Educator

Registration Schedule:

Registration closes on 21 April 2023!

CoP SED-4: Building Children’s Social and Emotional Competencies through Routine Caregiving

Class Code: CPAECLCBCSECR23E-2301

Led by PASTELs:

Murni Hattin Binte Mubarak
Deputy Centre Leader
Iyad Perdaus Ltd

Farah binte Mashhur Ali
Curriculum / Pedagogy Specialist
Iyad Perdaus Ltd

Overview:

It is important for educators to start developing and supporting children’s social and emotional competencies (SEC) in their early years, especially through routine caregiving. Routine caregiving may sometimes be regarded by educators as a routine task, resulting in missed opportunities to develop children’s SEC in the process. There is high potential to develop children’s social emotional competencies through strong attachments and meaningful interactions during routine caregiving.

Learning Objectives:

Participants will be able to:

- understand the importance of developing young children’s SEC during routine caregiving.
- apply relevant key principles from Early Years Development Framework (EYDF) and Nurturing Early Learners (NEL) Framework to support the development of children’s SEC during routine caregiving.
- be equipped with practical strategies to support the development of children’s SEC during routine caregiving.

Date & Time:

Date	Time	Delivery Mode
16 May 2023	2 – 4pm	Physical
11 Jul 2023	2 – 4pm	Virtual
12 Sep 2023	2 – 4pm	Virtual
7 Nov 2023	2 – 4pm	Physical

No. of CPD Hours: 8 hours

Class Size: Max 10 participants

Target Groups (Occupational Title):

Beginning Infant Educator, Infant Educator, Senior Infant Educator
Beginning Early Years Educator, Early Years Educator, Senior Early Years Educator
Beginning Preschool Educator, Preschool Educator, Senior Preschool Educator

Registration Schedule:

Registration closes on 2 May 2023!

Frequently Asked Questions (FAQs)

(A) CoPs Registration

Q1: How do I register for the CoPs sessions?

- 1) Click on “**Search New Course/Event**”.
- 2) Search for the course by entering the “**Class Code**” (*found in the catalogue above*). Click on the “**Search**” button.
- 3) Select “**Type of Sponsorship**”.
- 4) Select the “**Checkbox**”
- 5) Click on the “**Apply**” button*

Q2: What is the course fee for each CoP Session?

The CoP sessions are conducted by ECLC PASTELs to facilitate peer sharing of good practices and pedagogical knowledge on a topic of interest within a domain area. The sessions are fully funded by ECDA at no cost to participants.

Q3: Can I still register for the CoP Session after the registration closing date?

ECDA will not accept any registration after the closing date. You are strongly encouraged to register ahead of the closing date as the seats are available on first-come-first-serve basis.

Q4: How many participants from each centre may attend each CoP?

Each centre may send up to 2 educators for each CoP.

Q4: What happens if my registration is still pending approval/review after the closing date?

Your registration will be unsuccessful if it is not approved before the closing date. Please follow-up with your Reporting Officer/HQ for his/her approval after registering for the CoP Sessions and seek their approval before registration closing date.

Q5: When will I receive confirmation of my registration?

You will receive a system-generated course placement letter (via your email address provided in ONE@ECDA) after the registration closing date, usually one to two weeks prior to class commencement, upon successful enrolment into the CoP Session.

If the CoP Session is conducted online, ECDA will follow-up with an email with the class details (i.e. meeting URL, ID and password) at least three (3) working days prior to class commencement. Please contact Victoria_Lee@ECDA.gov.sg if you have received the system-generated course placement letter but did not hear from us on class details.

Q6: What happens if I am placed on waitlist for the CoP Session?

ECDA will contact you at least three (3) working days prior to class commencement, should there be any available seat due to last minute withdrawal from the CoP Session. Your enrolment will be deemed as unsuccessful if you do not hear from us by then.

Q7: How do I withdraw from the CoP Session?

You may submit your withdrawal request via ONE@ECDA and follow-up with your Reporting Officer/HQ for his/her approval before the registration closing date.

Please write in to Victoria_Lee@ECDA.gov.sg should you wish to withdraw your enrolment after the registration closing date. Alternatively, you may wish to send a replacement (who meets the registration criteria) by providing us with the following details.

- Full Name (as per NRIC/FIN):
- NRIC/FIN No.:
- Contact No.:
- Email Address:

(B) Fulfilment of CoP Sessions**Q8: What is the minimum attendance requirement for the CoP Sessions?**

Participants are required to fulfil a **minimum attendance of 75%** for all CoP Sessions. Your course completion status will be marked as “Incomplete” in ONE@ECDA if you fail to meet the minimum attendance requirement without any valid reason.

For absence with valid reason(s), please write in to Victoria_Lee@ECDA.gov.sg with the following details and provide the relevant supporting documents (e.g. medical certification, hospitalisation leave, maternity leave etc).

- Full Name (as per NRIC/FIN):
- Contact No.:
- Email Address:
- CoP Title:
- Class Code:
- Date of Absence and Reason(s):