


## Outdoor Experience (4, 5 and 6 years old)

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| <b>Learning Experience:</b> Star Anise   | <b>Shared by:</b> Janeth Ng  |
| <b>Environment:</b> A nearby market with a stall selling star anise and other spices   | <b>Estimated time:</b> 60 - 90 minutes   |
| <b>Children's prior knowledge:</b> <ul style="list-style-type: none"><li>• Children have some understanding of the places in a neighbourhood.</li></ul>  |  |
| <b>What children will experience (NEL Learning Areas):</b> <ul style="list-style-type: none"><li>• Children will find out more about the star anise and the different spice using their senses of sight, touch and smell.</li></ul> <p>Discovery of the World:</p> <ul style="list-style-type: none"><li>• Children will show an interest in the world they live in</li></ul> <p>Language and Literacy:</p> <ul style="list-style-type: none"><li>• Children will read with understanding and for enjoyment</li><li>• Children will enjoy listening to stories, rhymes and poems</li></ul> | <b>Suitable for:</b> <ul style="list-style-type: none"><li>• 4 to 6 years old</li></ul>  |
| <b>What you will need:</b> <ul style="list-style-type: none"><li>• Sample of star anise and other spices e.g., cloves, cinnamon and pepper</li><li>• Pencil and white sheets of paper – 1 set for each child</li></ul>   | <b>Benefit-Risk Assessment:</b> <p><u>Benefit:</u></p> <ul style="list-style-type: none"><li>• Children to explore the different types of spices using their senses.</li></ul> <p><u>Risk:</u></p> <ul style="list-style-type: none"><li>• Walking distance from the pre-school centre to the market might be far or inconvenient.</li><li>• Some children might be allergic to the smell or touch of spices</li></ul> |

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|  | <p><b>Management</b></p> <ul style="list-style-type: none"> <li>• Ensure that the stipulated adult-child ratio is met. Conduct a briefing for both adults and children on the possible danger e.g., crossing the road before the walk.</li> <li>• Before the visit to the market, check with the parents if the children have any allergy to the spices.</li> </ul> |
| <p><b>How to make it happen:</b></p> <ol style="list-style-type: none"> <li>1. Introduce the story “Asian Spice Kids. Star Anise, Superstar!” written by Linn Shekinah (ISBN 978-981-07-7925-2) (Refer to Note). Read the story to the children. Get them to talk about the story of why the star anise feels sad when she is unpopular among her friends.</li> <li>2. Ask the children to think about why they think that a star anise is not popular (e.g., a star anise looks weird, smells weird) at first. Tell the children they will be visiting a market to find out more about a star anise.</li> <li>3. Embark on a neighbourhood walk to a nearby market (Refer to Note 2). Bring them to a stall that sells star anise. Show children samples of star anise and get them to observe, touch and smell the spice. Encourage the children to pose questions to learn about the spice from the stall holder.</li> <li>4. Introduce the other spices (e.g., cloves, cinnamon and pepper) that are available at the stall. Get the children to touch and smell the different spices. Introduce the spice mixture (in powder form) and share with them the mixture is commonly used for cooking.</li> <li>5. Bring the children back to the classroom with some sample of different spices. Get them to draw their favourite spice and write why they like the spice.</li> </ol> <p>Note: This book is supported by Lee Kuan Yew Fund for Bilingualism. The story is written in English and Chinese which can be used by the English and Chinese Language teachers.</p> | <p><b>Photographs:</b></p> <p>Book “Asian Spice Kids. Star Anise, Superstar!”</p>   |