

Outdoor Learning Experience (4 years old)

Learning Experience: Scarf Fun (Tossing & Catching)	Shared by: Cheryl Chang
Environment: Open outdoor space such as a garden with grass patch, multi-purpose hall, void deck (back-up).	Estimated time: 30 minutes
Children's prior knowledge: Children are aware that different strengths are required for throwing an object to different heights.	
What children will experience (NEL Learning Areas): Aesthetics and Creative Expression: <ul style="list-style-type: none">• Children will explore different ways and create their own ways of tossing and catching the scarf. Motor Skills Development: <ul style="list-style-type: none">• Children will enhance their hand-eye coordination and balance while they toss (underarm/ overarm) and catch the scarf.	Suitable for: <ul style="list-style-type: none">• 4 years old
What you will need: <ul style="list-style-type: none">• A colourful scarf for each child• Music	Benefit-Risk Assessment: <u>Benefit:</u> <ul style="list-style-type: none">• Children become more motivated and self-directed in playing in the open outdoor space. <u>Risk:</u> <ul style="list-style-type: none">• Children may run into each other in their excitement or when they are watching the scarves and running to try catching them. <u>Management:</u>

- Ensure space the space is wide enough and there is an adequate number of adults present to supervise the children for the activity.
- Before going out, prepare children for the outdoor activity.
- Let the children know where they are going and where they can explore by setting boundaries. Go over the boundaries again when they get outdoors.
- Bring along first-aid kit.

How to make it happen:

1. Begin by getting the children to wave their scarves at low level (below their knees), followed by medium level (at waist), and finally at high level (overhead).
2. Have them take turns leading the group by waving the scarves in the above-mentioned positions.
3. Then challenge them to come up with their own creative positions to wave their scarf (e.g. waving the scarf in front of, behind, between legs, and to the sides).
4. Next, show the children how to toss (underarm/overarm) the scarf overhead and watch (may count along) as it slowly moves to the ground. Play some background music and encourage the children to try catching the falling scarf with two hands as children become familiar with how slowly the scarf will fall to the ground.
5. Get the children to toss and touch the scarf with different parts of their body (e.g. head, arm, elbow, foot, etc.) before it moves to the ground.

Extension of activity:

1. Get the children to try tossing the scarf with one hand and catching it with the other.
2. Get the children to try tossing the scarf higher up and clapping to 1, 2, 3, 4 or 5 before catching it.
3. Get the children to twirl around and catching the scarf before it moves to the ground.

Photographs:

