

Outdoor Experience (4 years old)

Learning Experience: Dancing Bags	Shared by: Mona Tan
Environment: Large outdoor natural spaces	Estimated time: 30 – 35 minutes
Children’s prior knowledge: <ul style="list-style-type: none"> • Children know that the wind can blow things away. 	
What children will experience (NEL Learning Areas): Motor Skills Development: <ul style="list-style-type: none"> • Enjoy through participation in a variety of physical activities when they run, hop and jump with their dancing bags. • Demonstrate control and coordination in fine motor tasks such as cutting, pasting, drawing and tying their dancing bags. Social and Emotional Development: <ul style="list-style-type: none"> • Identify and recognise emotions by telling others about their needs, likes and dislikes when they are choosing their bags to decorate using their preferred choice of materials. 	Suitable for: <ul style="list-style-type: none"> • 4 years old
What you will need: <ul style="list-style-type: none"> • Different recycled plastic bags from home in different colours • Long branches, sticks (long enough to tie something to it to hold and run against the wind) • Ribbons, markers, cloths, old t-shirts • Yarn, masking tape, string • Crate to contain the materials 	Benefit-Risk Assessment: <u>Benefit:</u> <ul style="list-style-type: none"> • Children can use a variety of loose parts that is provided as well as around them • Large open spaces for children to run, hop and jump <u>Risk:</u> <ul style="list-style-type: none"> • Uneven ground with holes

Management:

- Scan the venue to ensure it is free from potential hazards such as sharp objects, pot holes, broken tiles or insects
- Set limits/boundary for children to explore
- Ensure teachers have sight of the children at all times
- Brief children on the possible risks, such as looking out for any potential litter from the high rise buildings

How to make it happen:

1. Take children out to a large natural open or multi-purpose outdoor space
2. Ask children what they know about the wind
3. Bring out the dancing bag crate and invite children to make something that will trap the wind, allow children to discuss and explore the materials provided
4. Invite children to create their own dancing bags and run against the wind to try them out. Children can also cut plastic strips to make twirling sticks

Questions to ask:

- Can you tell me how can you trap the wind for your dancing bag?
- Can you tell me what other materials can you use to trap the wind?
- How do you know where the wind is coming from?
- What will happen if there is no wind? Can you create the wind for your dancing bag?