

## Outdoor Learning Experiences (Birth to 3 years old)

<p><b>Learning Experience:</b> This is the Way We Do It!</p>	<p><b>Submitted by:</b> Yip Kwai Heng</p>
<p><b>Environment:</b> Open outdoor space, e.g., grass patch, void deck, nearby park</p>	<p><b>Estimated time:</b> 15 - 20 minutes</p>
<p><b>Children’s prior experiences:</b></p> <ul style="list-style-type: none"> <li>• Children are familiar with the outdoor environment.</li> </ul>	<p><b>Suitable for:</b></p> <ul style="list-style-type: none"> <li>• 18 – 24 months old (toddler)</li> </ul>
<p><b>What children will experience:</b></p> <ul style="list-style-type: none"> <li>• Children will get to explore different body movements in an outdoor environment.</li> </ul>	<p><b>EYDF Pillars:</b></p> <ul style="list-style-type: none"> <li>• The Developing Child</li> <li>• The Intentional Programme</li> <li>• The Professional Educarer</li> </ul>
<p><b>What you will need:</b></p> <ul style="list-style-type: none"> <li>• Balls</li> <li>• Handkerchiefs</li> <li>• Small bean bags</li> <li>• Hula Hoop</li> <li>• Song – This is the way we brush our teeth (<a href="https://www.youtube.com/watch?v=Pd4WnsXwdqw">https://www.youtube.com/watch?v=Pd4WnsXwdqw</a>)</li> </ul>	<p><b>Benefit - Risk Assessment:</b></p> <p><u>Benefit:</u></p> <ul style="list-style-type: none"> <li>• Children will explore different body movements in an outdoor environment.</li> </ul> <p><u>Risk:</u></p> <ul style="list-style-type: none"> <li>• Uneven surfaces</li> </ul> <p><u>Management:</u></p> <ul style="list-style-type: none"> <li>• Scan the venue to ensure it is free from potential hazards such as sharp objects, pot holes, broken tiles or insects</li> <li>• Set limits/boundary for children to explore</li> </ul>
<p><b>How to make it happen:</b></p> <ol style="list-style-type: none"> <li>1. Sing to the tune, “This is the way we brush our teeth” and sing about what children will be doing, for example:</li> </ol>	

*This is the way we run in the garden, run in the garden, run in the garden.*

*This is the way we roll the ball, roll the ball, roll the ball.*

*This is the way we throw the bean bag, throw the bean bag, throw the bean bag.*

*We are going to wave the handkerchief, wave the handkerchief, wave the handkerchief.*

2. Encourage the toddlers to participate in the learning experiences by imitating the demonstrated actions.
3. Invite the toddlers to suggest things they want to do in the garden or actions they want to do with the ball/bean bag/handkerchief.
4. Enhance the learning experience by changing the song lyrics to describe the new actions suggested by the toddlers, and encourage them to participate in the activity.