

## Outdoor Learning Experience (Birth to 3 years old)

<b>Learning Experience:</b> Move it, Move it!	<b>Shared by:</b> Yip Kwai Heng
<b>Environment:</b> Outdoor space	<b>Estimated time:</b> 15 - 30 minutes
<b>Children's prior experiences:</b> <ul style="list-style-type: none"><li>• Children are able to walk up and down the steps.</li></ul>	<b>Suitable for:</b> <ul style="list-style-type: none"><li>• 18 – 24 months old (toddler)</li></ul>
<b>What children will experience:</b> <ul style="list-style-type: none"><li>• Children will learn to walk, hop, run, tiptoe and jump on wooden blocks.</li></ul>	<b>EYDF Pillars:</b> <ul style="list-style-type: none"><li>• The Developing Child</li><li>• The Intentional Programme</li><li>• The Professional Educator</li></ul>
<b>What you will need:</b> <ul style="list-style-type: none"><li>• Song – Walking, Walking <a href="https://www.youtube.com/watch?v=fPMjnITEZwU">https://www.youtube.com/watch?v=fPMjnITEZwU</a></li><li>• Large wooden blocks broad enough for children to walk on (height: less than 5cm)</li></ul>	<b>Benefit - Risk Assessment:</b> <u>Benefit:</u> <ul style="list-style-type: none"><li>• Various movements/activities will aid balance and coordinate with their nervous system.</li><li>• Freedom to repeat behaviours and skills that they have learned to promote mastery and confidence.</li><li>• Appreciation of natural materials and the diversity/individuality that those present, in terms of components of beauty.</li><li>• Promote freedom of choice, movement, along with self-expression.</li></ul> <u>Risk:</u> <ul style="list-style-type: none"><li>• Sharp edges of the wooden blocks</li><li>• Uneven surfaces</li></ul>

Management:

- Ensure that the blocks do not have any sharp edges.
- The teacher should ensure that the ground is free of any sharp objects.

**How to make it happen:**

1. Educarer introduces the song, "Walking, Walking." and demonstrates the different movements: walk, hop, run, tiptoe, jump.
2. Place 4 to 5 large wooden blocks (less than 5cm height) on a firm and even ground/floor in an outdoor space.
3. Encourage the children to practise walking, hopping, running, tiptoeing and jumping on the wooden blocks.
4. When children are familiar with the movements, educarer leads by singing the song, "Walking Walking" and changes the lyrics, tempo, beat of the song to enhance children's learning experience as they walk, hop, run, tiptoe and jump on the wooden blocks.