

Outdoor Learning Experience (5 years old)

Learning Experience: Bucket Toss Golf	Shared by: Cheryl Chang
Environment: Open outdoor space such as grass patch, multi-purpose hall, void deck (back-up).	Estimated time: 30 minutes
Children’s prior knowledge: Children need to be aware of making judgement for distance and strength of throw and rules of golf.	
What children will experience (NEL Learning Areas): Motor Skills Development: <ul style="list-style-type: none"> • Children will learn to make perceptual judgements on distance and strength of underarm throw. Social and Emotional Development: <ul style="list-style-type: none"> • Children will engage in cooperative play. 	Suitable for: <ul style="list-style-type: none"> • 5 years old
What you will need: <ul style="list-style-type: none"> • A tray of different types of balls for each team e.g. beanbag balls, rolled up socks, soft foam balls (one ball for each child, do provide extra balls) • 5 baskets/cardboard boxes as ‘holes’ for the golf game • Pieces of string/line/tape for golf tees • Score chart/paper with names of players of each team and marker pens • Shoes/bags/blocks/branches to create lanes to minimize the need to chase runaway balls 	Benefit-Risk Assessment: <u>Benefit:</u> <ul style="list-style-type: none"> • Children get to learn and practise underarm throw in a large open outdoor space. <u>Risk:</u> <ul style="list-style-type: none"> • Children might be chasing runaway balls and thus move further away from the rest of the groups. <u>Management:</u> <ul style="list-style-type: none"> • Create lanes by lining shoes/bags/blocks/branches to minimize the need for the children to chase runaway balls.

- Allocate sufficient number of teachers to supervise the children.
- Before going out, prepare children for the outdoor activity. Let the children know where they are going and where they can explore by setting boundaries. Go over the boundaries again when they get outdoors.
- Apply insect-repellent
- Bring along a first-aid kit.

How to make it happen:

1. Start by setting up a miniature golf course, with string/line/tape to indicate the starting point and a bucket/cardboard box in a lay-down position for the 'hole'.
2. Set up at least 5 'holes' in your miniature golf course.
3. Have children start at the first tee.
4. Determine who goes first in each team.
5. Have them grasp the ball in their dominant hand.
6. Look at the hole with both feet pointed towards it.
7. Encourage them to swing the arm holding the ball backwards, then as it goes forward, release the ball.
8. The child can also step a foot forward as they throw (the foot opposite the throwing hand).
9. Remind children to keep their eye on the 'hole' (target) as they attempt to throw their ball into the bucket/cardboard box with as few throws as possible.
10. The children should throw one at a time until everyone has completed.
11. Have them count out loud after each throw.
12. If it is a larger class, they can start at separate holes and rotate around.
13. Teacher can keep track of the scores on a piece of chart/paper.
14. The child/team to complete the course with the least number of underarm throws is the winner.

Extension of activity:

1. May vary the length of the targets to make the course more challenging if the children are accurate throwers.
2. May alternate the size of the basket/cardboard box.

Photographs:



Alternative:



- | | |
|---|--|
| <ol style="list-style-type: none">3. Children may also hit teammate's ball to help steer it nearer to the target or even hit it into the target.4. May encourage children to design and create their own golf courses. | |
|---|--|