

Outdoor Learning Experience (3 years)

Learning experience: Exploring Textures on Feet	Shared by: Shaireen Selamat
Environment: Outdoor Garden Space	Estimated time: 30 minutes
Children’s prior experiences: <ul style="list-style-type: none"> • Children are willing and comfortable to walk outdoors barefoot. • Children are able to identify leaves, twigs, stones. 	Suitable for: <ul style="list-style-type: none"> • 24 – 36 months old
What children will experience: <ul style="list-style-type: none"> • Children will use their sense of touch to feel the textures of different objects with their feet. They have the opportunity to relate the vocabulary to the textures as they feel it. 	EYDF Pillars: <ul style="list-style-type: none"> • The Developing Child • The Intentional Programme
What you will need: <ul style="list-style-type: none"> • 3 large hoops • Small paper hoops for each child • Leaves of varying textures • Smooth stones • Twigs 	Benefit - Risk Assessment: <u>Benefit:</u> <ul style="list-style-type: none"> • Children will explore different sensory properties of the natural materials. <u>Risk:</u> <ul style="list-style-type: none"> • Scratches from sharp objects, insect bites <u>Management</u> <ul style="list-style-type: none"> • Ensure no sharp points on pebbles, twigs and leaves, ensure materials are free of insects. • Set limits/boundary for children to explore • Brief children on the possible risks, such as looking out for any potential litter from the high rise buildings

How to make it happen:

- Place 3 large hoops in the outdoors. Fill one hoop with leaves, another with smooth pebbles and the last with twigs. Have children stand barefoot on the items in each hoop. Introduce the vocabulary to describe the texture. Ask them which they like most.
- Give out the paper hoops to each child. Let them find other textures on the ground (e.g. grass, concrete, pavers). Place the paper hoop down and stand in it. Introduce the appropriate vocabulary to describe the textures and their feelings.